

**AQUA**  
BISTRO & WINE BAR

**OCEAN7**  
RESTAURANT

## **Room Service Menu**

**All room services orders will incur a \$5.00 delivery fee, auto-gratuity of 15% & applicable taxes. Please advise room service of any food sensitivities or severe allergies. Not all ingredients are listed.**

**To Order Dial 863**

## **BRUNCH**

**8:00am - 2:00pm**

### **Healthy Start 26**

two free-range poached eggs, cherry tomato salad,  
avocado, fresh fruit & berries,  
*choice of toast*

### **Eggs Benedict**

two free-range poached eggs, toasted English muffin, hollandaise, breakfast potatoes

**grilled tomato & avocado 23**

**traditional Canadian back bacon 25**

**smoked salmon & buttered crab 29**

### **Two Eggs Breakfast 21**

two free-range eggs any style, breakfast potatoes,  
choice of Canadian back bacon, double smoked bacon, or chicken sausage,  
*choice of toast*

### **Hazelnut Crusted Brioche French Toast 26**

brioche, berries, maple syrup

### **Breakfast Enhancements**

**Chicken Sausage 7**

**Double Smoked Bacon 8**

**Breakfast Potatoes 5**

**Gluten Free Toast 6**

**Toast 4**

**Fresh Fruit 9**

**Sliced Avocado 4**

**Canadian Back Bacon 6**

**Free-Range Egg 3**

**Sliced Fresh Tomato 4**

### **Smoothies**

#### **We're Jammin 16**

peanut butter, raspberries, bananas, hemp hearts, oat milk

#### **Smooth Earl 16**

mangos, bananas, yogurt, earl grey tea, milk, vanilla whey

#### **Good Day Sunshine 16**

blueberries, blackberries, spinach, green apple, orange

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## **BRUNCH**

**8:00am - 2:00pm**

### **Ocean7 Caesar Salad 21**

romaine hearts, prosciutto, Grana Padano,  
caper berries, confit garlic, crostini

### **Seasonal Organic Green Salad 18**

organic greens, baby kales, roasted squash,  
confit cherry tomato, farro,  
*choice of house dressings*

### **Pacific Mist Spa Bowl 21**

short grain rice, cucumber, marinated kale, carrots & beets, hemp hearts,  
house pickled vegetables, tahini dressing

### **Enhancements: Free Run Chicken Breast 13**

**Garlic & Herb Prawns 19 Arctic Char 17**

### **Wild Mushroom Flatbread 24**

Grana Padano, arugula, truffle aioli, confit garlic

### **Aqua Bistro Double Double 28**

ground chuck, American cheddar, bourbon & red onion marmalade,  
honey cured bacon, bistro sauce, crispy onions, brioche bun  
*choice of pommes frites or organic green salad*

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**BISTRO**

**2:00pm-9:00pm**

**West Coast Seafood Chowder 24**

local seasonal fish, shellfish, bacon, Yukon gold potato, cream,  
fine herbs, baguette

**Soy Ginger Glazed Pork Belly 23**

green papaya salad, mango gel,  
shaved jalapeño, crispy onion, crispy onigiri, spicy sweet & sour sauce

**Pappardelle Wagyu Bolognese 29**

Prontissima pappardelle, ground Brant Lake Wagyu beef,  
charred baguette, parmesan mousse, basil

**Korean Fried Chicken Rice Bowl 29**

sticky rice, kohlrabi kimchi, yuzu mayo, cucumber, julienne carrots, scallion, cilantro

**Wild Mushroom Flatbread 24**

Grana Padano, arugula,  
truffle aioli, confit garlic

**Aqua Bistro Double Double 28**

ground chuck, American cheddar, bourbon & red onion marmalade,  
honey cured bacon, bistro sauce, crispy onions, brioche bun  
*choice of pommes frites or  
organic green salad*

**Wagyu Steak & Frites 43**

8 oz Brant Lake Wagyu flat iron, pommes frites,  
truffle aioli, chimichurri sauce, arugula

**Cheese & Charcuterie Board 44**

daily selection of cured meats & cheeses,  
house pickled vegetables, baguette,  
seed crackers, grainy mustard, stewed apricots, frozen grapes

**Round of Beer for the Kitchen 10**

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## **OCEAN7 STARTERS**

**5:00pm-9:00pm**

### **Charred Spanish Octopus 23**

soy ginger glazed pork belly, black sesame purée, yuzu gel,  
pickled radish, kohlrabi kimchi, puffed tapioca

### **Ocean7 Caesar Salad 21**

romaine hearts, prosciutto, Grana Padano, caper berries,  
confit garlic, crostini

### **Seared Yarrow Meadows Duck Breast 29**

foie gras torchon, brioche,  
cherry textures, walnut variations

### **Crispy Rice Sushi**

spicy mayo, pickled jalapeño,  
crispy garlic, sweet soy

### **Ahi Tuna Nigiri 29**

**or**

### **Brant Lake Wagyu Beef Striploin Nigiri 29**

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## **OCEAN7 MAIN COURSES**

**5:00pm-9:00pm**

### **Seafood Pasta 40**

prawns, scallops, assorted seasonal shellfish, peas, fennel, shallots, Prontissima fettuccine, white wine cream sauce

### **Grilled Lions Mane & Maitake Mushroom 33**

asparagus, beetroot textures, pickled mustard seed, puffed tapioca, kombu "beurre blanc"

### **Crispy Skin Arctic Char 44**

seared scallops, soubise, potato gnocchi, melted leeks, compressed apple, caramelized honey gastrique

### **Seared Hokkaido Scallops 51**

black winter truffle risotto, spiced red wine gel, Brussels sprouts, roasted hazelnut, brown butter emulsion

### **Pine Nut Crusted Lamb Saddle 54**

crispy panisse, baba ghanoush, peperonata, spinach, black garlic lamb jus

## **DESSERTS**

**11:00am-9:00pm**

### **Cheesecake 15**

lemon curd & gel, almond crumble, meringue kisses, mint Chantilly cream

### **Crème Brûlée 15**

Tahitian vanilla, Italian cookies, seasonal berries

### **International Cheese Board 34**

stewed apricots, iced grapes, assorted nuts, quince paste, fruit & seed crisps

**KIDS MENU**

**12 years & under**

**BREAKFAST**

**8:00am-11:00am**

**French Toast 12**

bacon or sausage

**Scrambled Eggs 12**

choice of toast and bacon or sausage

**LUNCH & DINNER**

**11:00am-9:00pm**

**Kids Mains 15**

*(Choose one)*

**Kids Burger**

**Fettuccine & Tomato Sauce**

**Chicken Fingers**

**Grilled Cheese**

**Includes a Side**

*(Choose one)*

**Green Salad**

**Fries**

**Veggies and Dip**

**KIDS BEVERAGES**

juice, milk, pop 3

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BEVERAGES

SPARKLING WINE

6oz/9oz/btl

Villa Sandi Il Fresco **Prosecco** Glera Veneto, IT  
15/22/58

WHITE WINE

6oz/9oz/btl

Carmel & Joseph Villa Blanche **Chardonnay**  
Languedoc-Roussillon, FR  
15/22/58

Poplar Grove Haynes Creek **Vignier** Penticton, BC  
16/23/62

JoieFarm Winery Noble Blend  
**(Gewurztraminer/Riesling/Auxerrois/ Pinot  
Blanc)** Naramata, BC  
16/23/62

Beaufort **Pinot Gris** Comox Valley, BC  
16/23/62

Tommasi Le Fornaci **Lugana** Veneto, IT  
17/25/69

RED WINE

6oz/9oz/btl

Rotating Feature **Pinot Noir**  
**MP**

La Posta Pizzella **Malbec** Mendoza, AG  
15/22/58

Narrative **Cabernet Franc** Summerland, BC  
15/22/58

Chateau Coupe Roses Bastide Minervois  
**(Carignan/Grenache/Syrah)** Languedoc-  
Roussillon, FR  
15/22/58

Summerhill Winery Reserve Barrel Red **(Cabernet  
Franc/Cabernet Sauvignon/ Merlot)** Kelowna,  
BC  
16/23/62

BC BEER & IMPORT BEER

btl/can

Asahi **Super Dry Lager** 355ml -5.2%  
8

Hoyne **Dark Matter** 355ml -5.3%  
8

Grolsch **Pilsner** 450ml -5%  
9

Driftwood Blackstone **Porter** 473ml -5%  
9

Ace F Bomb **Sour** 473ml -5.5%  
9

Love Shack Livin' the Dream **Hazy Pale** 500ml -  
5.4%  
13

CIDER

btl/can

Valley Cider **Love Potion** 355ml -6.5%  
12

Raven's Moon **Apple** 500ml -8.5%  
16

BEVERAGES

Evian **Sparkling Water** 750ml  
8

Evian **Flat Water** 750ml  
8

Fresh **Orange Juice** 355ml  
9

Tofino **Blueberry Lavender Kombucha** 355ml  
8

Fever Tree **Ginger Beer** 200ml  
5

Umbria **Coffee** 32oz Carafe  
10

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