

Brunch

Healthy Start 26

two free-range poached eggs, cherry tomato salad,
avocado, fresh fruit & berries
choice of toast

Avocado Toast 23

toasted brioche, two free-range poached eggs, avocado,
roasted goat cheese, cherry tomato salad, micro greens & olive oil

Eggs Benedict

two free-range poached eggs, toasted English muffin, hollandaise, breakfast potatoes

Grilled tomato & avocado 23

Traditional Canadian back bacon 25

Smoked steelhead & buttered crab 29

Croissant Sandwich 24

two free-range eggs scrambled, crispy bacon, Gruyère, arugula, fresh fruit & berries

Two Eggs Breakfast 22

two free-range eggs any style, breakfast potatoes,
choice of Canadian back bacon, double smoked bacon, or chicken sausage
choice of toast

Chorizo Breakfast Tostada 27

crisp corn tortillas, two free-range eggs any style, avocado,
salsa fresca, pickled red onion, two Rivers chorizo, roasted goat cheese,
cilantro, house-made hot sauce

Hazelnut Crusted Brioche French Toast 26

brioche, berries, maple syrup

Breakfast Enhancements

Chicken Sausage 7	Fresh Fruit 9
Double-Smoked Bacon 8	Sliced Avocado 5
Breakfast Potatoes 5	Canadian Back Bacon 6
Gluten Free Toast 6	Free-Range Egg 3
Toast 4	Sliced Fresh Tomato 4

Smoothies 16

Whole Lotta Colada

mango, banana, coconut milk, pineapple, Greek yogurt, vanilla whey, white chocolate

Mucho Mojito

blueberries, blackberries, kale, mint, raspberry kombucha, hemp hearts, honey

Strawberry Shortcake

strawberries, Greek yogurt, oat milk, vanilla, strawberry jam

Ocean7 Caesar Salad 22

romaine hearts, prosciutto, Grana Padano,
caper berries, confit garlic, crostini

Caprese Salad 23

heirloom tomato textures, fior di latte,
basil sorbet, balsamic

Watermelon & Rocket Salad 22

pickled red onion, goat feta,
mint, roasted hazelnuts

Pacific Mist Spa Bowl 22

short grain rice, cucumber, marinated greens, carrots & beets, hemp hearts,
house pickled vegetables, tahini dressing

Enhancements: Free Run Chicken Breast 14

Garlic & Herb Prawns 17 Arctic Char 17

West Coast Seafood Chowder 25

local seasonal fish, shellfish, bacon, Yukon gold potato,
cream, fine herbs, baguette

Soy Ginger Glazed Pork Belly 24

green papaya salad, mango gel,
shaved jalapeño, crispy onion & Onigiri, spicy sweet & sour sauce

Green Curry & Coconut Salt Spring Island Mussels 30

garlic, carrot, ginger, pickled vegetable salad, baguette

Wild Mushroom Flatbread 24

Grana Padano, arugula, truffle aioli, confit garlic

Steak & Frites 43

AAA Beretta Farms 8oz striploin, pommes frites,
truffle aioli, chimichurri sauce, arugula

Aqua Bistro Double Double 29

ground chuck, American cheddar, bourbon & red onion marmalade,
honey cured bacon, bistro sauce, crispy onions, brioche bun

choice of Pommes frites or Organic green salad

Korean Fried Chicken Rice Bowl 29

sticky rice, kimchi, yuzu mayo, cucumber,
julienne carrots, scallion, cilantro

Crispy Skin Arctic Char 32

soubise, potato gnocchi, melted leeks,
compressed apple, caramelized honey gastrique