

**Healthy Start 26**

Two Free-Range Poached Eggs,  
Avocado, Fresh Fruit, Berries  
**Choice of Toast**

**AQUA Bistro Bowl 27**

Two Free-Range Eggs Sunnyside, Avocado, Corn, Black Beans,  
Cherry Tomato, Rice, Tomatillo Salsa, Lime Crema, Pickled Onion

**Avocado Toast 27**

Sourdough Mystic Loaf, Two Free-Range Poached Eggs,  
Smashed Avocado, Goat Cheese, Micro Greens, EVOO

**Breakfast Tacos (3 pc) 22**

Avocado, Free-Range Scrambled Eggs, Corn Tortillas,  
Pickled Onion, Tomatillo, Pico de Gallo, Lime Crema

**Two Eggs Breakfast 23**

Two Free-Range Eggs Any Style, Kennebec Hash  
**Choice of: Canadian Back Bacon, Double Smoked Bacon or Chicken Sausage**  
**Choice of Toast**

**Eggs Benedict**

Two Free-Range Poached Eggs, Toasted English Muffin, Hollandaise, Kennebec Hash

**Traditional Canadian Back Bacon 25**

**Smoked Steelhead 29**

**Grilled Tomato & Avocado 25**

**Egg White Omelette 26**

Whipped Free-Range Egg Whites, Grilled Asparagus,  
Micro Greens, Edible Flowers, EVOO, Kennebec Hash

**Croissant Sandwich 25**

Free-Range Scrambled Eggs, Arugula, Bacon, Cheese, Fresh Fruit

**Chicken and Waffles 29**

Fried Chicken, Belgian Waffles, Mixed Berries,  
Maple Syrup, Candied Pecans, Crème Chantilly

**Organic Granola 18**

Toasted Oats, Nuts, Seeds, Agavé, Seasonal Fruits,  
Toasted Coconut Ribbons, Yoghurt, Alternative Milks

**Hazelnut Crusted Brioche French Toast 27**

Brioche, Hazelnut Butter, Berries, Nobble One Maple Syrup

**Breakfast Enhancements**

Chicken Sausage (3 pc) 8

Toast 6

Double-Smoked Bacon (2 pc) 8

Kennebec Hash 4

Gluten Free Toast 8

Fresh Fruit 6 sm/12 lg

Grilled Asparagus 16

Sliced Avocado 6

Canadian Back Bacon (3 pc) 7

Free-Range Egg 4

**West Coast Seafood Chowder 26**

Shellfish, Finfish, Bacon, Yukon Gold Potato, Cream,  
Gremolata, Charred Baguette

**Caesar Salad 23**

Baby Romaine, Crispy Pancetta, Caesar Emulsion, Grana Padano,  
Poached Free Range Egg, Tempura Anchovy, Crostini

**H2Omelon Salad 23**

Watermelon, Feta, Watermelon Radish, Mint, Cucumber,  
Kalamata Olives, Roasted Hazelnuts, Forvm Vinaigrette

**Pacific Mist Spa Bowl 23**

Cucumber, Marinated Greens, Carrots, Beets, Hemp Hearts, Rice,  
In-House Pickled Vegetables, Tahini Dressing

**Enhancements: Free Run Chicken Breast 15 | Tuna Poke 15**

**Garlic & Herb Wild Prawns 15 | Pacific Salmon 15**

**Kingfisher Fried Chicken Bowl 29**

Korean Fried Chicken, Scallions, Kimchi, Spinach, Bok Choy, Cucumber,  
Carrot, Sweet Gochujang Sauce, Rice, Kewpie Mayo

**Mushroom Napoli Flatbread 29**

Roasted Mushrooms, Grana Padano, Arugula,  
Confit Garlic, Truffle Aioli

**Demi-Baguette BLT 24**

Honey Cured Bacon, Baby Romaine,  
Tomato, Kewpie Mayo

**Choice of Pomme Frites or Organic Green Salad**

**Toasted Bagel 27**

Gravlax Salmon, Buffalo Cream Cheese, Crispy Capers,  
Red Onion, Sauerkraut, Spinach

**AQUA Bistro Beef Burger 31**

Canadian Chuck, Cheddar, Bourbon Red Onion Marmalade,  
Honey Cured Bacon, Bistro Sauce, Crispy Onions, Brioche Bun

**Choice of Pomme Frites or Organic Green Salad**

**AQUA Bistro Veggie Burger 29**

Halloumi, Zucchini Black Bean Burger, Cheddar,  
Bourbon Red Onion Marmalade, Vegan Bacon,  
Bistro Sauce, Crispy Onions, Brioche Bun

**Choice of Pomme Frites or Organic Green Salad**

**Moules Marinière & Frites 32**

Salt Spring Island Mussels, Leek, Alliums, White Wine,  
Crème Fraiche, Pomme Frites, Lemon, Charred Baguette

**Steak & Frites 45**

8 oz Striploin, Café de Paris Butter,  
Pomme Frites, Truffle Aioli, Arugula, Jus