



ROOM SERVICE



Fall | Winter Menu Selection

OCEAN7
RESTAURANT

AQUA
BISTRO & WINE BAR

Welcome,

We warmly invite you to join us at our restaurant for an exceptional dining experience. However, if you prefer to relax in the comfort of your room, we also offer a delightful selection of creative meals and refreshing drinks delivered straight to your door.
Enjoy!

To Contact Us, Dial 863

Brunch | 8:00 AM – 2:00 PM

Afternoon & Dinner from AQUA Bistro | 2:00 PM – 9.00 PM

Dessert | 11.00 AM – 9.00 PM

We offer a Kids Menu!

All room services orders will incur:

- a \$5.00 delivery fee
- an auto - gratuity of 15% & applicable taxes.

Please advise room service of any food sensitivities or severe allergies.

Not all ingredients are listed.

BRUNCH

8:00 AM – 2:00 PM

Healthy Start 26

Two Free-Range Poached Eggs,
Avocado, Fresh Fruit, Berries
Choice of Toast

Aqua Bistro Bowl 27

Two Free-Range Eggs Sunnyside Up, Avocado, Corn, Black Beans,
Cherry Tomato, Rice, Tomatillo Salsa, Lime Crema, Pickled Onion

Two Eggs Breakfast 23

Two Free-Range Eggs Any Style, Kennebec Hash
Choice of: Canadian Back Bacon, Double Smoked Bacon or Chicken Sausage
Choice of Toast

Eggs Benedict

Two Free-Range Poached Eggs, Toasted English Muffin, Hollandaise, Kennebec Hash
Traditional Canadian Back Bacon 25
Smoked Steelhead 29
Grilled Tomato & Avocado 25

Egg White Omelette 26

Whipped Free-Range Egg Whites, Grilled Asparagus,
Micro Greens, Edible Flowers, EVOO, Kennebec Hash

Organic Granola 18

Toasted Oats, Nuts, Seeds, Agavé, Seasonal Fruits,
Toasted Coconut Ribbons, Yoghurt

Brioche French Toast 27

Hong Kong Style, Mascarpone, Ladyfinger Crumble,
Coffee Chantilly, Noble Maple Syrup

Breakfast Enhancements

Chicken Sausage (3pc) 8
Toast 6
Double-Smoked Bacon (2pc) 8
Kennebec Hash 4
Gluten Free Toast 8

Fresh Fruit 6 sm/12 lg
Grilled Asparagus 16
Sliced Avocado 6
Canadian Back Bacon (3pc) 7
Free-Range Egg 4

BRUNCH

8:00 AM – 2:00 PM

Caesar Salad 23

Baby Gem, Grana Padano, Capers,
Double Smoked Bacon Lardon,
Anchovy Crouton, Pickled Red Onion

Pacific Mist Spa Bowl 23

Cucumber, Marinated Greens, Carrots, Beets, Hemp Hearts, Rice,
In-House Pickled Vegetables, Tahini Dressing
Enhancements: Free-Run Chicken Breast 14 | Tuna Poke 16
Garlic & Herb Wild Prawns 17 | Pacific Salmon 18

Kingfisher Fried Chicken Bowl 29

Korean Fried Chicken, Scallions, Kimchi, Spinach, Bok Choy, Cucumber,
Carrot, Sweet Gochujang Sauce, Rice, Kewpie Mayo

Demi Baguette BLT 24

Honey Cured Bacon, Baby Romaine,
Tomato, Kewpie Mayo
Choice of Pomme Frites or Organic Green Salad

AQUA Bistro Angus Beef Burger 31

Canadian Chuck,
Canadian Farm House Cheddar,
Bourbon Red Onion Marmalade,
Honey Cured Bacon, Bistro Sauce,
Crispy Onions, Brioche Bun
Choice of Pommes Frites or Green Salad

AQUA Bistro Veggie Burger 29

Haloumi, Zucchini Black Bean Burger, Cheddar,
Bourbon Red Onion Marmalade, Vegan Bacon,
Bistro Sauce, Crispy Onions, Brioche Bun
Choice of Pommes Frites or Organic Green Salad

From AQUA Bistro

2:00 PM – 9:00 PM

Baked Natural Pastures Comox Brie 25

Heirloom Beet Salad, Roasted Pear,
Walnut, Balsamic, Sage

Caesar Salad 23

Baby Gem, Grana Padano, Capers,
Double Smoked Bacon Lardons,
Anchovy Croutons, Pickled Red Onion

West Coast Seafood Chowder 26

Manila Clams, Salt Spring Island Mussels,
Yukon Gold Potatoes, Baby Shrimp, Finfish, Charred Baguette

Crispy Squid 23

Humboldt Squid, Fried Pickles,
Jalapeño, Tzatziki

Cheese & Charcuterie Board 46

Selection of:
International & Locally Sourced Meats, Artisan Cheeses, Fresh Fruit,
Preserves, Crackers, Crostini

AQUA Mushroom Flatbread 29

Roasted Mushrooms, Grana Padano, Arugula, Confit Garlic, Truffle Aioli

Kingfisher Fried Chicken Bowl 29

Korean Fried Chicken, Scallions, Kimchi, Spinach, Bok Choy, Cucumber,
Carrot, Rice, Sweet Gochujang Sauce, Kewpie Mayo

Sub Tuna Poke 6

One Piece Fish N' Chips 24

Two Piece Fish N' Chips 34

Beer Battered Halibut, Pommes Frites,
Coleslaw, Tartar Sauce

From AQUA Bistro

2:00 PM – 9:00 PM

AQUA Bistro Angus Beef Burger 31

Canadian Chuck,
Canadian Farm House Cheddar,
Bourbon Red Onion Marmalade,
Honey Cured Bacon, Bistro Sauce,
Crispy Onions, Brioche Bun
Choice of: Pommes Frites or Green Salad

AQUA Bistro Veggie Burger 29

Halloumi, Zucchini Black Bean Patty, Bourbon Red Onion Marmalade,
Canadian Farmhouse Cheddar,
Vegan Bacon, Bistro Sauce,
Crispy Onions, Brioche Bun
Choice of Pommes Frites or Green Salad

AQUA Bistro Halibut Burger 29

Beer Battered Halibut, Pickled Red Onion,
Arugula, Tartar Sauce
Choice of: Pommes Frites or Green Salad

Steak & Frites 45

8 oz Striploin, Café de Paris Butter,
Pommes Frites, Arugula, Truffle Aioli, Jus

AQUA Pommes Frites 18

Grana Padano, Truffle Aioli

Sides:

Roasted Mixed Mushrooms 16
Qualicum Mac N' Cheese 16
Adobo Brussels Sprouts 14

Snacks:

Mixed Olives 9
Marcona Almonds 9
Nori Potato Chips 7

DESSERTS

11:00 AM – 9:00 PM

Basque Cheesecake 18

Candied Apple, Amaretto Crème Anglaise,
Almond Crumble

Hazelnut Dark Chocolate Cake 17

Dacquoise, Hazelnut Dark Chocolate, Diplomat Crème, Caramelized Hazelnuts

Vanilla Crème Brûlée 15

Tahitian Vanilla Bean, Brown Butter, Madeleine, Spiced Pumpkin & Pear Compote

Vegan Coconut Panna Cotta 16

Mango Sago, Lychee Gelée

Housemade Macarons 17

Seasonal Flavours, Fresh Berries

Take-Home Box Macarons

(3 pc) 7 | (8 pc) 17

Dessert Wine by the Glass

Nk'Mip Cellars

Riesling Icewine

(1 oz) 14 | (2 oz) 21

Penfolds Grandfather

Rare 20|year Tawny Port

(1 oz) 12 | (2 oz) 18

Fonseca Terra Prima

Organic Port

(1 oz) 8 | (2 oz) 12

KIDS MENU

12 years & under

Brunch

8:00 AM – 2:00 PM

Fruit Bowl with Yoghurt 10

1 Egg, 1 Bacon, 1 Sausage, 1 Toast (GFO) 12

French Toast with Maple Syrup 14

Grilled Cheese 12

Choice of: Kennebec Frites or Veggies & Dips

Chicken Strips 15

Choice of: Kennebec Frites or Veggies & Dips

Fresh Fruit 6 sm/12 lg

Afternoon & Dinner

2:00 PM – 9:00 PM

Grilled Cheese 12

Choice of: Kennebec Frites or Veggies & Dips

Chicken Strips 15

Choice of: Kennebec Frites or Veggies & Dips

Mac N' Cheese 15

Add Organic Chicken

Kids Beverages

juice, milk, pop 3

BEVERAGES

Sparkling wine

6oz/9oz/btl

Fitzpatrick Family Vineyards Fitz Crémant, Pinot Blanc, Peachland, BC

16/23/62

White wine

6oz/9oz/btl

Fairview Cellars Chardonnay Naramata, BC

16/23/62

Beaufort, Pinot Gris, Comox Valley, BC

16/23/62

Alderlea Sauvignon Blanc Cowichan Valley, BC

16/23/62

Red wine

6oz/9oz/btl

Tantalus, Pinot Noir, Kelowna, BC

17/25/66

Cedar Creek, Cabernet Sauvignon / Merlot, Okanagan Valley, BC

16/23/62

Monte Creek, Cabernet Franc, Monte Creek, BC

15/22/58

Zero proof bubbles

btl

Saintly Sparkling Rose 750ml

35

BEVERAGES

Bc beer & import beer

btl/can

Four Winds Light Lager 355ml | 4%

9

Townsite Perfect Storm Oatmeal Stout 473ml | 5.5%

9

Cumberland Brewery Just A Little Bitter English Bitter 473ml | 4.2%

9

Phillips Rotating Dino Sour 355ml | 4.2%

8

Land & Sea Westward IPA 473ml | 6.5%

9

Daily Rotating Beer

5

Cider

btl/can

Creek & Gully Rhubarb 355ml | 7.5%

12

Creek & Gully Flora Apple 355ml | 6%

12

BEVERAGES

Cold drinks

Phillips Iota Hazy IPA Non Alc 355ml

6

San Pellegrino Sparkling Water 750ml

10

Acqua Panna Flat Water 750ml

10

Fentimans Ginger Beer 355ml

6

Sparkmouth Tonic 355ml

5

Fresh Orange Juice 355ml

11

Fresh Grapefruit Juice 355ml

11

Kombucha Rotating Selection 355ml

9

Hot drinks

Umbria Coffee Regular or Decaf Drip To Go

6

Americano, Cappuccino, Latte, Hot Chocolate To Go

6

Chai Latte To Go

6

Umbria Coffee 32oz Carafe

12