

OCEAN7

RESTAURANT

Healthy Start 25

Two Free-Range Poached Eggs, Avocado, Fresh Fruit Choice of Toast

AQUA Bistro Bowl 25

Two Free-Range Eggs Sunnyside Up, Avocado, Corn, Black Beans, Cherry Tomato, Rice, Tomatillo Salsa, Lime Crema, Pickled Onion

Avocado Toast 27

Sourdough Loaf, Two Free-Range Poached Eggs, Smashed Avocado, Burrata, Basil Oil

Breakfast Tacos (3 pc) 22

Avocado, Free-Range Scrambled Eggs, Corn Tortillas, Pickled Onion, Tomatillo Salsa, Pico de Gallo, Lime Crema

Two Eggs Breakfast 23

Two Free-Range Eggs Any Style, Kennebec Hash Choice of: Canadian Back Bacon, Double Smoked Bacon or Chicken Sausage Choice of Toast

Eggs Benedict

Two Free-Range Poached Eggs, Toasted English Muffin, Hollandaise, Kennebec Hash

Traditional Canadian Back Bacon 25

Smoked Steelhead 28

Grilled Tomato & Avocado 25

Egg White Omelette 25

Whipped Free-Range Egg Whites, Grilled Seasonal Vegetables, Microgreens, Edible Flowers, EVOO, Kennebec Hash

Croissant Sandwich 24

Free-Range Scrambled Eggs, Arugula, Bacon, Cheddar Cheese, Fresh Fruit

Organic Granola 18

Toasted Oats, Nuts, Seeds, Agavé, Seasonal Fruit, Toasted Coconut Ribbons, Yogurt

Brioche French Toast 26

Hong Kong Style, Mascarpone, Ladyfinger Crumble, Coffee Chantilly, Noble Maple Syrup

Breakfast Enhancements

Chicken Sausage (3 pc) 8 Toast (2 pc) 6 Kennebec Hash 4 Gluten Free Toast 8 Sliced Avocado 6 Fresh Fruit 6 sm/10 lg Double-Smoked Bacon (2 pc) 8 Canadian Back Bacon (3 pc) 7 Free-Range Egg 4

^{*} Consuming raw or undercooked meat, seafood or eggs may increase your risk of foodborne illness.

West Coast Seafood Chowder 26

Manila Clams, Salt Spring Island Mussels, Yukon Gold Potatoes, Baby Shrimp, Bacon Lardons, Finfish, Charred Baguette

Caesar Salad 23

Baby Gem, Grana Padano, Double Smoked Bacon Lardons, Capers, Anchovy Croutons, Pickled Red Onion

Pacific Mist Spa Bowl 23

Cucumber, Greens, Carrots, Beets, Hemp Hearts, Rice, In-House Pickled Vegetables, Tahini Dressing Enhancements 15: Free-Run Chicken Breast | Tuna Poke Garlic & Herb Wild Prawns | Pacific Salmon

Kingfisher Fried Chicken Bowl 29

Korean Fried Chicken, Scallions, Kimchi, Spinach, Bok Choy, Cucumber, Carrot, Rice, Sweet Gochujang Sauce, Kewpie Mayo

AQUA Mushroom Flatbread 29

Roasted Mushrooms, Grana Padano, Arugula, Confit Garlic, Truffle Aïoli

Demi-Baguette BLT 24

Honey-Cured Bacon, Baby Romaine, Tomato, Kewpie Mayo Choice of: Pommes Frites or Organic Green Salad

Toasted Bagel 25

Gravlax Salmon, Buffalo Cream Cheese, Crispy Capers, Red Onion, Sauerkraut, Spinach

AQUA Bistro Beef Burger 27

Canadian Chuck, Canadian Farmhouse Cheddar,
Bourbon Red Onion Marmalade,
Honey-Cured Bacon, Bistro Sauce,
Crispy Onions, Brioche Bun
Choice of: Pommes Frites or Organic Green Salad

AQUA Bistro Veggie Burger 25

Halloumi, Zucchini Black Bean Patty, Bourbon Red Onion Marmalade, Canadian Farmhouse Cheddar, Vegan Bacon, Bistro Sauce, Crispy Onions, Brioche Bun Choice of: Pommes Frites or Organic Green Salad

Moules Marinière & Frites 29

Salt Spring Island Mussels, Leeks, Alliums, White Wine, Crème Fraîche, Lemon, Pommes Frites, Charred Baguette

Steak & Frites 43

8 oz Striploin, Café de Paris Butter, Pommes Frites, Arugula, Truffle Aïoli, Jus

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