

Healthy Start 25

Two Free-Range Poached Eggs,
Avocado, Fresh Fruit
Choice of Toast

AQUA Bistro Bowl 25

Two Free-Range Eggs Sunny Side Up, Avocado, Corn, Black Beans,
Cherry Tomatoes, Rice, Salsa Verde, Lime Crema, Pickled Onions

Avocado Toast 27

Sourdough Loaf, Two Free-Range Poached Eggs,
Smashed Avocado, Burrata, Basil Oil

Buttermilk Fried Chicken & Waffles 27

Chilli Pickled Pears & Onions, Bourbon Bacon Gravy, Noble Maple Syrup

Two Eggs Breakfast 23

Two Free-Range Eggs Any Style, Kennebec Hash
**Choice of: Canadian Back Bacon, Double-Smoked Bacon,
Tannadice Farms Maple Pork Sausage or Chicken Sausage**
Choice of Toast

Eggs Benedict

Two Free-Range Poached Eggs, Toasted English Muffin, Hollandaise, Kennebec Hash
Traditional Canadian Back Bacon 25

Smoked Salmon 28

Grilled Tomato & Avocado 25

Egg White Omelette 24

Whipped Free-Range Egg Whites, Rotating Grilled Seasonal Vegetable,
Microgreens, Edible Flowers, EVOO, Kennebec Hash

Croissant Sandwich 24

Free-Range Scrambled Eggs, Arugula, Bacon, Cheddar Cheese, Fresh Fruit

Organic Granola 18

Toasted Oats, Nuts, Seeds, Agavé, Seasonal Fruit,
Toasted Coconut Ribbons, Yogurt

Brioche French Toast 26

Hong Kong Style, Mascarpone, Ladyfinger Crumble,
Coffee Chantilly, Noble Maple Syrup

Breakfast Enhancements

Chicken Sausage (3 pc) 8
Toast (2 pc) 6
Kennebec Hash 6
Gluten Free Toast 8
Sliced Avocado 6

Fresh Fruit 6 sm/10 lg
Double-Smoked Bacon (2 pc) 8
Canadian Back Bacon (3 pc) 7
Free-Range Egg 4
Maple Pork Sausage (3 pc) 8

AQUA
BISTRO & WINE BAR

OCEAN7
RESTAURANT

West Coast Seafood Chowder 26
Manila Clams, Salt Spring Island Mussels,
Yukon Gold Potatoes, Baby Shrimp, Bacon Lardons,
Finfish, Charred Baguette

Caesar Salad 23
Baby Gem, Grana Padano, Double-Smoked Bacon Lardons,
Capers, Anchovy Croutons, Pickled Red Onion

Pacific Mist Spa Bowl 23
Cucumber, Greens, Carrots, Beets, Hemp Hearts, Rice,
In-House Pickled Vegetables, Tahini Dressing
Enhancements 15: Free-Run Chicken Breast | Tuna Poke
Garlic & Herb Wild Prawns | Pacific Salmon

Kingfisher Fried Chicken Bowl 29
Korean Fried Chicken, Scallions, Kimchi, Spinach,
Bok Choy, Cucumber, Carrot,
Rice, Sweet Gochujang Sauce, Chili Mayo

AQUA Mushroom Flatbread 29
Roasted Mushrooms, Grana Padano, Arugula,
Confit Garlic, Truffle Aioli

Demi-Baguette BLT 24
Honey-Cured Bacon, Baby Romaine, Tomato
Choice of: Pommes Frites or Organic Green Salad

Toasted Bagel 25
Smoked Salmon, Buffalo Cream Cheese, Crispy Capers,
Red Onion, Sauerkraut, Spinach

AQUA Bistro Beef Burger 28
Canadian Chuck, Canadian Farmhouse Cheddar,
Bourbon Red Onion Marmalade,
Honey-Cured Bacon, Bistro Sauce,
Crispy Onions, Brioche Bun
Choice of: Pommes Frites or Organic Green Salad

AQUA Bistro Veggie Burger 25
Halloumi, Zucchini Black Bean Patty,
Bourbon Red Onion Marmalade,
Canadian Farmhouse Cheddar, Vegan Bacon,
Bistro Sauce, Crispy Onions, Brioche Bun
Choice of: Pommes Frites or Organic Green Salad

Moules Marinière & Frites 29
Salt Spring Island Mussels, Leeks, Alliums, White Wine,
Crème Fraîche, Lemon, Pommes Frites, Charred Baguette

Steak & Frites 44
8 oz Striploin, Café de Paris Butter,
Pommes Frites, Arugula, Truffle Aioli, Jus

* Consuming raw or undercooked meat, seafood or eggs may increase your risk of foodborne illness.