

Healthy Start 25

Two Free-Range Poached Eggs,
Avocado, Fresh Fruit
Choice of Toast

AQUA Bistro Bowl 25

Two Free-Range Eggs Sunny Side Up, Avocado, Corn, Black Beans,
Cherry Tomatoes, Rice, Salsa Verde, Lime Crema, Pickled Onions

Avocado Toast 27

Sourdough Loaf, Two Free-Range Poached Eggs,
Smashed Avocado, Burrata, Basil Oil

Buttermilk Fried Chicken & Waffles 27

Chili Pickled Pears & Onions, Bourbon Bacon Gravy, Noble Maple Syrup

Two Eggs Breakfast 24

Two Free-Range Eggs Any Style, Kennebec Hash
**Choice of: Canadian Back Bacon, Double-Smoked Bacon, Chicken Sausage
or Tannadice Farms Maple Pork Sausage**
Choice of Toast

Eggs Benedict

Two Free-Range Poached Eggs, Toasted English Muffin, Hollandaise, Kennebec Hash
Traditional Canadian Back Bacon 25

Smoked Salmon 28

Grilled Tomato & Avocado 25

Egg White Omelette 24

Whipped Free-Range Egg Whites, Rotating Grilled Seasonal Vegetables,
Microgreens, Edible Flowers, Kennebec Hash

Croissant Sandwich 24

Free-Range Scrambled Eggs, Arugula, Bacon,
Cheddar Cheese, Fresh Fruit

Organic Granola 18

Toasted Oats, Nuts, Seeds, Agavé, Seasonal Fruit,
Toasted Coconut Ribbons, Yogurt

Brioche French Toast 26

Hong Kong Style, Mascarpone, Ladyfinger Crumble,
Coffee Chantilly, Noble Maple Syrup

Breakfast Enhancements

Chicken Sausage (3 pc) 8	Fresh Fruit 6 sm 10 lg
Toast (2 pc) 6	Double-Smoked Bacon (2 pc) 8
Kennebec Hash 6	Canadian Back Bacon (3 pc) 7
Gluten Free Toast 8	Free-Range Egg 4
Sliced Avocado 6	Maple Pork Sausage (3 pc) 8

* Consuming raw or undercooked meat, seafood or eggs may increase your risk of foodborne illness.

AQUA

BISTRO & WINE BAR

OCEAN7

RESTAURANT

West Coast Seafood Chowder 26

Manila Clams, Salt Spring Island Mussels,
Yukon Gold Potatoes, Baby Shrimp, Bacon Lardons,
Finfish, Charred Baguette

Caesar Salad 23

Baby Gem, Grana Padano, Double-Smoked Bacon Lardons,
Capers, Anchovy Croutons, Pickled Red Onion

Pacific Mist Spa Bowl 24

Cucumber, Greens, Carrots, Beets, Hemp Hearts, Rice,
House Pickled Vegetables, Tahini Dressing

**Enhancements 15: Free-Run Chicken Breast | Tuna Poke
Garlic & Herb Wild Prawns | Pacific Salmon**

Kingfisher Fried Chicken Bowl 29

Korean Fried Chicken, Scallions, Kimchi, Spinach,
Bok Choy, Cucumber, Carrot,
Rice, Sweet Gochujang Sauce, Chili Mayo

AQUA Mushroom Flatbread 29

Roasted Mushrooms, Grana Padano, Arugula,
Confit Garlic, Truffle Aioli

Demi-Baguette BLT 24

Honey-Cured Bacon, Baby Romaine, Tomato
Choice of: Pommes Frites or Organic Green Salad

Toasted Bagel 25

Smoked Salmon, Buffalo Cream Cheese, Crispy Capers,
Red Onion, Sauerkraut, Spinach

AQUA Bistro Beef Burger 28

Canadian Chuck, Canadian Farmhouse Cheddar,
Bourbon Red Onion Marmalade,
Honey-Cured Bacon, Bistro Sauce,
Crispy Onions, Brioche Bun
Choice of: Pommes Frites or Organic Green Salad

AQUA Bistro Veggie Burger 26

Halloumi, Zucchini & Black Bean Patty,
Bourbon Red Onion Marmalade,
Canadian Farmhouse Cheddar, Vegan Bacon,
Bistro Sauce, Crispy Onions, Brioche Bun
Choice of: Pommes Frites or Organic Green Salad

Moules Marinières & Frites 32

Salt Spring Island Mussels, Leeks, Alliums, White Wine,
Crème Fraîche, Lemon, Pommes Frites, Charred Baguette

Steak & Frites 44

8 oz Striploin, Café de Paris Butter,
Pommes Frites, Arugula, Truffle Aioli, Jus

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